

## High Top Post-Op Injury Recovery Shoe



- Ideal for post operative or traumatised foot
- Medial and lateral support
- Breathable nylon mesh upper
- High-top design provides additional stabilisation
- Reinforced heel counter provides better control
- Flared TPR outer sole provides stability
- Innersole conforming to plantar surface of the foot
- Three hook and loop adjustable

Men's Small Medium Large X-Large  
Ladies Small Medium Large

4006 High Top Post-Op Injury Recovery Shoe £9.30

## Multicast Walker



- Limits foot and ankle motion
- Wound and X-ray accessible
- Low heel height and rocker sole allows for a more normal, rolling gait pattern
- Cool breathable double laminated foam wrap
- Hook and loop closures
- Mid calf height

Sizes Small Medium Large  
3578 Multicast Walker £31.00

## Multicast Night Splint



- Adjustable flexion straps provide gentle stretching of plantar fascia and Achilles tendon
- Adjust from 90° to 10° dorsi-flexion
- Soft breathable and washable lycra foam liner
- Lycra lined straps
- Universal-fits left or right

Sizes Small Medium Large  
up to 5 6-8 9-12  
3574 Multicast Night Splint £18.25

## Swede-O Ankle Lok®



- Popular lace-up ankle brace
- Full elastic back ensures complete Unrestricted blood flow to the achilles Tendon and virtually eliminates the Chance for blistering
- Internal U-shaped spiral stays provide extra support and further minimise the chance for ankle injury

Sizes  
X-Small Small Medium Large X-Large  
3-4 1/2 5-6 1/2 7-8 1/2 9-10 1/2 11-12 1/2

4023 Swede-O Ankle Lok £21.95

## Hallux Valgus Night Splint



- Holds foot in correct position during the night
- Immobilises big toe and adds gradual correction of deviation in the toes
- Supplied in pairs, both can be used on either foot

Sizes Small Medium Large  
2483 Hallux Valgus Night Splint £12.00

## Toe Alignment Splint



- An effective and inexpensive way of obtaining High quality post operative alignment to aid the healing process
- Adjustable velcro design includes new soft toe strap for the big toe and a choice of three satraps for lesser toes.
- Can be used for Hallux Valgus, Hammer toe and Tailor's Bunion
- **One size**

9973 Toe Alignment Splint £11.95

# supports & socks

**SILIPOS**



## Silipos Achilles Heel Pad



- Soft conforming gel pad protects the posterior of the heel from pressure, impact and friction
- Provides gentle compression and pressure dissipation around inflamed area

Sizes Small/Medium Large/X-Large

2585 Achilles Heel Pad, each £11.95

## Silipos Heel Slip Over



- Can be positioned almost anywhere around the foot or heel

Sizes Small/Medium Large/X-Large

2588 Heel Slip Over, each £9.75

## Silipos Malleolar Sleeve



- Two discs of gel moulded on both the medial and lateral malleolae
- Cushions and protects and provides gentle compression to the ankle
- Single size

2591 Malleolar Sleeve, each £11.95

## Silipos Boot Bumper



- Helps protect the foot and ankle from abrasions without the added bulk
- Provides light compression to the foot and ankle
- To determine size, measure around the leg just above the ankle
- Size Small/medium 7.5-9" 19-23 cm
- Large/x-large 9-10.75" 23-27.5 cm

Sizes Small/Medium Large/X-Large

2592 Boot Bumper, each £9.65

## Silipos Soft Skin Heel Sleeve



- Thin gel pad anatomically moulded to fit the heel
- Designed to moisturise and soften dry, cracked skin and to help reduce heel fissures
- Beneficial for dermatitis and eczema
- Recommended as a non-ambulatory therapy product, not to be worn with shoes
- Single size

2595 Heel Sleeve, each £9.20

## Silipos Bite Protector



- Anatomically designed gel pad to protect the dorsal aspect of the foot from pressure, friction and pinching from shoelaces
- Provides light compression to the foot and ankle
- Single size

2596 Bite Protector, each £9.70

## Silipos Arthritic/Diabetic Gel Sock



- Single layer sock with 2mm of gel throughout the sole
- Helps prevent foot ulcerations
- Non-restrictive cuff
- Provides optimum protection for neuropathic foot
- Choice of White or Black colour

Sizes 4½-6½ 7-8½ 9-11

2597 Arthritic/Diabetic Gel Sock, pair £10.95

## M-Gel Moisturising Booties



- Moisturises and softens the entire plantar surface of the foot as well as heels and toes
- The gel lining releases a combination of skin nourishing hydrators, which helps soften and improve the foot appearance
- Choice of Green or Turquoise colour

3433 Moisturising Booties, pairs £12.00

## Dr Comfort Crew Sock



- Ultra Comfort smooth seamless socks -suitable for diabetics
- Longer crew length superior comfort socks designed to keep feet dry
- Contains nano bamboo material for anti-microbial odour control and superior breathability
- Non-binding
- Ball and heel padding
- Light arch support
- Black only

Men's Sizes

6-7½ 8-9½ 10-11½ 12-11½

Ladies Sizes

2½-4½ 5-6½ 7-8½ 9-10½

9876 Crew Sock, pair £5.25

## Plantar Fasciitis Day and Night Splints



### Thermoskin Heel-Rite Day Splint

- Very effective in relieving heel pain caused by plantar fasciitis/heel spurs
- Heel-Rite is designed to be used during the day while patients are on their feet
- Heel-Rite can be used in most shoes but it works best in laced up shoes, athletic shoes, sandals or other open backed shoes
- Avoid tight fitting shoes with high heels and/or poor arch control

Sizes Small/Medium Large/X-Large

2998 Day Splint £19.95



### Thermoskin Plantar Fascia Extensor (FXT) Night Splint

- Semi rigid strap that pulls the toes upwards and the foot into a slight dorsi-flexion position
- The combination of the thermal properties to reduce inflammation and the stretching of the plantar fascia while sleeping to aid the recovery of plantar fasciitis

Sizes

XS SM ME LA XL XXL  
2-4 5-6 7-9 10-11 12-13 14+

3001 Night Splint £19.95

## Silversock



- Silversocks are a textile sock coated with pure silver for everyday wear just like ordinary socks, but with thermodynamic properties, to help reduce the risk of blistering caused by excessive friction and heat build up
- Offers relief for sufferers of diabetes, chilblains, epidermolysis bullosa, circulation disorders
- Thermodynamic to keep feet warm in Winter and cool in Summer
- Antimicrobial to inhibit the growth of odour causing bacteria
- Anti static
- Black only

Sizes 3-7 6-11

2442 Silversock £5.40